

# **Our Residency Expectations**

- ➤ Regular Church attendance
- ➤ Study the word of God, the Bible
- ➤ Active participation in AA, NA, and / or Celebrate Recovery
- ➤ Work the 12-steps with a sponsor
- ➤ Seek employment and/or be employed
- ➤ Adhere to Residential Requirements and Responsibilities

We believe that after the completion of a short-term residential recovery program or incarceration, that our house will provide an environment to continue building the foundation of sobriety and recovery from the hurts, habits and hang-ups, while addressing the root causes of their substance abuse.

Christian values and family morals are placed within her renewed spiritual ability. With each successful day will come the reassurance of self-esteem that had slipped away from them while participating in active addiction. Responsible decisions will become a natural part of everyday living. The guidelines and rules help each person develop a foundation of accountability.

We are extremely excited you have chosen to become a member of the Joseph House family and travel the recovery journey with each of us. Sober Living allows you to stay as long as you like, if you abide by the guidelines. Your success depends on your own integrity, open-mindedness, and willingness to change and share your recovery.

Joseph House is simply an example to how a spiritually and mentally healthy individual should live day to day.



## **Residency & Admissions**

Applications are available to participants with twenty-eight (28) days of sobriety verified by an approved rehabilitation center or clergy, program sponsor, legal advisor or officer of the court. However, all applicants will be reviewed on a case by case basis. Applicants not meeting admissions requirements will be placed on a stand by status.

- ➤ All applicants are subject to drug and/or alcohol testing..
- The weekly fees are due on Friday of each week before 6 PM.
- ➤ All residents who are not employed must be actively seeking employment each day by 8:30 AM. No reasonable job offer is to be refused without prior approval of Joseph House Management. All voluntary terminations of employment or job changes must have the same prior approval.
- ➤ Residents are required to attend and participate in the Alcoholics Anonymous, Narcotics Anonymous program, or Celebrate Recovery. Must attend a minimum of Three (3) meetings per week and acquire a verifiable sponsor.
- > Residents agree to attend a church or place of worship on Sunday of their choice.



## **Residency Responsibilities Agreement**

Joseph House Board of Management reserves the right to dismiss any resident for non-payment and/or any conduct not deemed in keeping with the goals or values of the program of recovery set forth by Joseph House.

I,	, as a member of Joseph House located at
address	agree to abide by the rules
and guidelines of the house.	

#### **Drug Testing Policy**

I consent to random drug and alcohol testing, and I understand that if I am found to be using drugs or alcohol, I will be expelled immediately from the house.

I understand if I am taking <u>ANY</u> prescription medication, I must immediately submit a prescription to Joseph House staff. I understand that if I do not, I may be expelled immediately from the house upon discovery.

I understand that for the safety of all members, narcotic prescription medication will not be allowed on any Joseph House premises. If I am prescribed narcotic medication, I will do everything in my power to find alternative methods.

I understand I must take all prescriptions and/or over the counter medicines as prescribed. If I am found to be abusing medications, I will be expelled immediately from the house.

\*\*\*\*Any resident testing positive for drug use and disputing results will be re-tested immediately.

If second testing is positive and the resident wishes to continue the dispute, they will without delay leave the premises. If they choose, the resident may, at their expense, obtain an independent test at the medical facility chosen by Joseph House. The resident must remain off Joseph House property pending results. Should this test prove negative for drug use, the resident will be reinstated as resident.

Those residents who relapse will be encouraged to seek appropriate treatment including residential rehabilitation. Residents who relapse may return after 30-days and decisions concerning re-admission back into Joseph House will be made by the Executive Director and Management.



I understand upon arrival at Joseph House, a deposit (\$75.00) plus one week of rent is due (\$150.00).

I understand rent is due each Friday before 6 PM. (Cash, check, or credit cards are accepted. Residents assume responsibility to obtain receipts for rent payment.)

I understand if I owe money to Joseph House, I will be placed on probation.

I understand if I am late on rent, I must contact Joseph House staff to make arrangements. After 1 week of non-payment, there will be a late fee. (\$75.00)

I understand if I am 2 weeks behind on rent, I will be placed on contract to pay weekly rent (\$150.00) plus \$75.00 every week until caught up. If I am not caught up within 30 days, I will be immediately removed.

### **30-Day Probationary Period**

I understand curfew will be 10 pm (Sun-Sat)

I understand I must attend (5) 12-step meetings every week. (AA, CR, or NA)

I understand I will be expected to actively look for a job. The goal is to obtain employment within 2 weeks.

I understand I must find a sponsor within 2 weeks of residency.

I understand there will be no overnight stays outside of the house.

I understand there will be no overnight guests.

I understand house meetings are **MANDATORY**. To be excused I must notify the house at least 1 day in advance. (Excused absences are work, IOP, or court mandated appearances.)

I understand I must give the employment schedule to Joseph House staff.

I understand upon completion of probationary period, I will be reevaluated by Joseph House staff to determine if permanent placement in house is accepted. (Upon permanent membership acceptance, general guidelines will apply.)



## **General House Guidelines**

I understand the curfew will be 10:30 PM. (Sun-Sat) Exceptions to curfew will be granted for shift work and must be documented by pay stubs, including a supervisor's signature. Failure to comply with curfew will result in residency review. Individual one time exceptions may be granted by House Manager/Director approval.

I understand I must attend a minimum of (3) 12-step meetings every week. (AA, CR, or NA)

I understand that one church service a week is mandatory

I understand I will be expected to maintain employment.

I understand All residents must attend the weekly community meeting as scheduled by Joseph House Management.

I understand I must maintain a sponsor.

I understand I will be allowed a total of 2 overnight stays per month. If I am staying out overnight, I must provide name, address, and contact information for where I will be.

I understand there will be no overnight guests.

I understand there are no active users of drugs and alcohol allowed in house at any time.

I must notify the Executive Director and House Managers of any medications, both prescription and over-the-counter, that are being taken. No controlled substances or narcotics.

I understand that I am expected to help with housekeeping. This means cleaning up after myself and maintaining all personal areas.

I understand that my food is my responsibility. I will mark my food with my initials. I will not take any food that doesn't belong to me without permission.



I understand bathrooms are shared and will use common courtesy. I will keep the bathroom area clean and usage time to no more than 20 minutes.

I understand if I cook, I will clean all dishes used and put them back in place. I will not leave dirty dishes.

I understand that there will be no smoking or the use of tobacco products (including vapes) inside Joseph House. Cigarette butts are to be disposed of in containers provided and <u>never</u> thrown on the ground.

I understand laundry rooms are shared. I will tend to do laundry as quickly as possible. I will not leave laundry unattended in the washing machine or dryer.

I understand I am expected to keep all noise to a reasonable level at all times of day and night.

I will not use profane language.

I understand Physical violence and/or threatening physical violence toward another resident and/or staff person will result in eviction

I understand any resident caught stealing of anything will be immediately evicted from the house.

I understand Gambling is not allowed. This includes lottery tickets.

I understand <u>ALL</u> Residents will dress appropriately at all times. Clothing containing references to drugs, alcohol or ugly behavior is prohibited

I understand <u>ONLY</u> Christian Music is to be played out loud. If you want to listen to Non-christian music...get you some headphones.

I understand that I am responsible for my own behavior. It is my responsibility to handle conflict or disagreement in a healthy manner.



Visitors are welcome with the approval from the Manager from 5:00 PM until 9:00 PM weekdays. No visitor may enter after 9:00 PM.

Visitation by friends will be in the common area, porch or yard only. Visitation will be from 1:00 PM until 10:00 PM on Saturdays and from 12:30 PM until 6:00 PM Sundays.

All visitors must be approved by the Manager and are required to sign in and out.

Visitors will <u>never</u> be allowed in the sleeping quarters at Joseph House. There will be no exceptions to this policy and violations will result in immediate eviction.

Visitors will respect all residency agreements and conduct themselves in a manner in keeping with the christian values of Joseph House. Copies of visitor exceptions will be made available to all visitors. There will be no hesitation by the Manager in expelling a visitor from the premises who does not respect the recovery of each resident and the christian environment of Joseph House. This decision is solely at the Manager's discretion.

### **Termination from Joseph House**

I understand if I am involuntarily terminated from Joseph House, deposit will be NON-REFUNDABLE.

I understand that if I am involuntarily terminated from Joseph House, I must leave peaceably and immediately. Refusal to do so will result in law enforcement being called. Arrangements must be made with Joseph House staff to pick up belongings within 30 days. If I fail to do so, belongings will be donated to charity.

I understand if I am terminated due to a failed drug and alcohol screen, I must be able to pass drug and alcohol screen, have sought help, and pay any monies due to Joseph House before I may be allowed back in.

I understand if I am voluntarily terminating membership with Joseph House, I must give Joseph House 1 week notice of departure. Failure to do so will negatively impact my good standing with Joseph House and my deposit will be NON-REFUNDABLE.

I understand if I am leaving Joseph House, I may only take items that belong to me. To do otherwise may result in prosecution.

I understand it is my responsibility to be familiar with and always adhere to house guidelines. I understand that if I am found to be in violation of house rules, including but not limited to non-payment of rent, violent or disruptive behavior, or disturbing the peace, I will be expelled immediately from the house.



My signature below states that I have read and understand all Joseph House guidelines listed within this contract. I agree to adhere to each guideline as set forth by Joseph House.

Signature:	Date:
Joseph House Witness:	Date:

The above responsibilities are subject to revision at any time by the Board of Management or Executive Director. Revisions or changes will be effective immediately upon being communicated to residents. Joseph House is a program of recovery and is not governed by State or Local real estate rental laws or ordinances.